

Center for Adult Life Enrichment 516-374-4747

The Carriage House-37 East Rockaway Road, Hewlett, NY 11557

Website: www.hw-cale.com email: hwcale@aol.com

Come join us

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CALE CLOSED	2 Bring A Friend <i>NO Barrie Exercise She returns 4/29/24</i> 1:00 Concert: STUART MARKUS Love songs to warm your heart 2:10-3:15 GAME hour Rummikub	3 CALE CLOSED AM Online ZOOM Programs ZUMBA Zoom Program Exercise Zoom Program Piano Zoom Program	4 Bring A Friend 10:00 ZOOM BOARD MTG. 11:30(NEW) Eileen Ehrlich Chair Yoga 1:00 Concert: CYNDI -Songs that Won the War - Female Tunes during World War II 2:10-3:15 GAME hour Rummikub	5 Bring A Friend AM Online ZOOM_Zumba/Music 10:30-12:30 ART Painting with Steve Hetzel
8 CALE CLOSED	9 Bring A Friend <i>NO Barrie Exercise She returns 4/29/24</i> 1:00 LECTURE- LIZ ROPERS <i>The topic is Jews and Chocolate- (Come & Enjoy :)</i> 2:10-3:15 GAME hour Rummikub	10 CALE CLOSED AM Online ZOOM Programs ZUMBA Zoom Program Exercise Zoom Program Piano Zoom Program	11 Bring A Friend AM Online ZOOM Trivia & Exercise 11:30(NEW) Eileen Ehrlich Chair Yoga 12:30-12:45 ADVISORY Council Mtg. 1:00 Lecture RON BROWN <i>Madame C. J. Walker - The first New York African-American Millionaire</i> 2:10-3:15 GAME hour Rummikub	12 CALE CLOSED AM Online ZOOM_Zumba/Music (Art Returns on 4/19/24) <u>New 2024 Programs Under Review</u>
15 CALE CLOSED	16 Bring A Friend <i>NO Barrie Exercise She returns 4/29/24</i> 11:30 "A Gentle Touch" Bingo with prizes- Helpful info for all, especially those with Dementia/Alzheimer's 1:00 Concert Dr. PETER SAMANTHA LUECKON <i>Rodgers & Hammerstein and Rodgers & Hart</i> 2:10-3:15 GAME hour Rummikub	17 CALE CLOSED AM Online ZOOM Programs ZUMBA Zoom Program Exercise Zoom Program Piano Zoom Program	18 Bring A Friend AM Online ZOOM Trivia & Exercise 11:30(NEW) Eileen Ehrlich Chair Yoga 1:00 Music MATT BELLAS <i>Come and Enjoy Singer & Guitarist: Songs Hank Williams, Beatles, James Taylor, Neil Diamond, J.Denver, Sinatra, Elvis & the Carpenters.</i> 2:10-3:15 GAME Hour Rummikub, Etc.	19 Bring A Friend AM Online ZOOM_Zumba/Music 10:30-12:30 ART Painting with Steve Hetzel <u>New 2024 Programs Under Review</u>
22 CALE CLOSED PASSOVER	23 Bring A Friend <i>NO Barrie Exercise She returns 4/29/24</i> 1:00 LES DEGEN Music & Laughter Performs great standards & show tunes 2:10-3:15 GAME hour Rummikub.	24 CALE CLOSED AM Online ZOOM Programs ZUMBA Zoom Program Exercise Zoom Program Piano Zoom Program	25 Bring A Friend AM Online ZOOM Trivia & Exercise 11:30(NEW) Eileen Ehrlich Chair Yoga 1:00 ELLIOT GOLDBERG Concert: <i>Music through the Ages (1940's-1980's) Great on the Piano!</i> 2:10-3:15 GAME hour Rummikub	26 AM Online ZOOM_Zumba/Music (Art Returns on 5/3/24) <u>New 2024 Programs Under Review</u>
29 CALE CLOSED	30 Bring A Friend 11:30-12:30 EXERCISE with Barrie 1:00 LECTURE- LIZ ROPERS <i>Jefferson and Sally Hemmings</i> 2:10-3:15 GAME hour Rummikub	LET'S BE HAPPY & HEALTHY TOGETHER! Thank You All! ** Funded by Nassau County Dept. of Aging" Town of Hempstead HWHS & NCJW Peninsula	Add'l Parking@Hewlett House: 86 East Rockaway Road OR Bus: N31/3 On Broadway Any Question please Check with Linda - Thank You	See you in MAY Thank you for your Patronage <i>Thank you for your 2024 Dues</i> WE NOW HAVE MORE PARKING & FUN <u>New 2024 Programs Under Review</u>

