

AUGUST 2019

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557 Lee Gerardi, Executive Director

Website: www.hw-cale.com email: hwcale@aol.com

Coffee or Tea & Brown Bag Lunch We welcome all to join us at CALE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
** Funded by Nassau County Dept. of Aging Town of Hempstead	<u>Additional Parking at Hewlett House:</u> 86 East Rockaway Road (one block away) Please Marty's FREE Pick up service Schedule posted <u>Bus Transportation:N31/32 on Broadway</u> PARKING GOOD IN AUGUST !	Our sponsors & contributors Bristol NW Community Chest So. Shore DIME Community Bank Inwood Charities Fund NCJW Seawane Golf & Country Club Bagel Bos & Walls Bakery	1 10:00 Singing Group 11:30 Chair Yoga**with Connie CALE CLOSED 1:30PM	2 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge
5 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 1:30 Intermediate French	6 10:00 Current Events with CLAIRE 11:00 Creative Writing Class 11:15 Barrie Miller Exercise ** 1:00 Medication Management: with Catholic Home Care & Good Shepherd Hospice (See Flyer)	7 10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge - We need Bridge & Mahjong players! 1:00 Conversational French	8 10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 (NEW) RORIE KELLY Sings favorites from the 40's, 50's and 60's beyond Singalong (Coffee and Cake sponsored by Members' Birthdays)	9 9:30 Painting & Drawing 10:30 Tai Chi with Joe ** 12:00 Canasta/Mahjong 12:30 Word Games 12:30 Bridge
12 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 1:30 Intermediate French	13 10:00 Current Events with Carol 11:00 Creative Writing Class 11:15 Arthritis Exercise with Barrie 1:00 MARC GREENBERG -Lecture:Was President Harry Truman "a father of the new state [of Israel], ...[or] the midwife?"	14 10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:00 Social Bridge We need Bridge & Mahjong players! 1:00 Conversational French	Invite Friends 15 Family Day 10:00 Singing Group 11:30 Chair Yoga**with Connie 12:00 Brown Bag Lunch 1:00 THOMAS RIZZUTO Guitarist/Lecture The History of Motown Records (Coffee & Cake)	16 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta/Mahjong 12:30 Word Games 12:30 Bridge We need Bridge & Mahjong players!
19 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 1:30 Intermediate French	Invite a 20 Guest free Day! 10:00 Current Events with Carol & guest speaker: Senator Tod Kaminsky! 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 12:00 Brown Bag Lunch 1:00 JOHN CLANCY Concert - 30's & 40's Song Book- Let's Reminisce Sponsored by Rita Palley (Snacks by Trader Joe's Oceanside)	21 10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge We need Bridge & Mahjong players! 1:00 Conversational French	22 10:00 Singing Group 11:30 Chair Yoga**with Connie 12:00 Brown Bag Lunch 1:00 (NEW) PHILIP HARWOOD Lecture:The <u>Gershwins</u> and The Hollywood Musical (BAGELS Sponsored by Birthdays)	23 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta/Mahjong 12:30 Word Games 12:30 Bridge We need Bridge & Mahjong players!
26 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club: Plainsong by Kent Haruf - Group review with Claire & Brown Bag Lunch 1:30 Intermediate French	27 10:00 Current Events with Carol 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 12:00 Brown Bag Lunch 1:00 RON BROWN - Lecture: Broadway-The Street that created the Musical.(Back by popular demand)	28 10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta and Mahjong 12:30 Social Bridge We need Bridge & Mahjong players! 1:00 Conversational French	29 10:00 Singing Group 11:30 Chair Yoga**with Connie 12:00 Brown Bag Lunch 1:00 JOE MARGOLIN - Lecture: "Middle East Updated"	30 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta/Mahjong 12:30 Word Games 12:30 Bridge Happy Labor Day Weekend

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