

# September 2019

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557

Lee Gerardi, Executive Director

Website: [www.hw-cale.com](http://www.hw-cale.com) email: [hwcale@aol.com](mailto:hwcale@aol.com)

Coffee or Tea & Brown Bag Lunch

We welcome all to join us at CALE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>LABOR DAY CALE CLOSED <u>Our Community Friends</u> AllState-Hewlett Bagel Boss Trader Joe's Oceanside Wall's Bake Shop</p>	<p><b>3</b></p> <p>10:00 Current Events with Carol 11:15 Arthritis Exercise with Barrie Miller** 11:00 Creative Writing 1:00 <b>JESSICA COLLIGAN</b> - American's Disabilities Act-Benefit (FLYER-Free Phones) (Snacks served)</p>	<p><b>4</b></p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge</p> <p>We need Bridge, Canasta &amp; Mahjong Players!</p>	<p><b>5</b></p> <p>10:00 Singing Group with Ruth 11:15 Chair Yoga** 1:00 <b>Advisory Meeting</b></p>	<p><b>6</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge We need Bridge &amp; Canasta Players!</p>
<p><b>9</b></p> <p>10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 1:30 ☺☺ <b>Intermediate French</b></p>	<p><b>10</b></p> <p>10:00 Current Events with Carol 11:15 Arthritis Exercise with Barrie Miller** 11:00 Creative Writing 1:00 <b>PETER LUECKEN Duet</b> - The Golden years of Music: Hit songs from recording artists, Broadway and the movies Come enjoy the good old days!.</p>	<p><b>11</b></p> <p><b>10:00 Board Meeting</b> 10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Mahjong 12:30 Social Bridge 1:30-3:30 <b>Stepping-On Northwell Reunion</b> with Lori Ginsberg (only prior participants)</p>	<p><b>12</b></p> <p>10:00 Singing Group with Ruth 11:15 Chair Yoga** 1:00 Enjoy (<b>NEW</b>) Entertainer <b>RICKY PEN - Isreali Guitarist &amp; Comedian</b> (Coffee &amp; Cake) (Sponsored by <b>NCJW</b>) <b>See Flyer - Come laugh with us!</b></p>	<p><b>13</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi**with Joe 12:00 MahJong 12:30 Word Games 12:30 Social Bridge We need Bridge, Canasta &amp; Mahjong Players!</p>
<p><b>16</b></p> <p>10:00 Flexercise with Claire 11:00 <b>Dr. Ralph Marino Superintendent Roundtable Q&amp;A HWHS School Dist.</b> 12:00 Social &amp; Major Topics 1:00 Brown Bag Lunch 1:30 ☺☺ <b>Intermediate French</b></p>	<p><b>17</b></p> <p>10:00 Current Events with Carol Joined by <b>Senator Todd Kaminsky:</b> Smart Seniors talk 11:00 Creative Writing 11:15 Arthritis Exercise Barrie** 1:00 <b>LIZ ROPER</b> - Steven Spielberg Films and History</p>	<p><b>18</b></p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge</p> <p>We need Bridge, Canasta &amp; Mahjong Players!</p>	<p><b>19</b></p> <p>10:00 Singing Group 11:15 Chair Yoga**with Connie 1:00 <b>MARCUS STUART:</b> <b>Concert Singer-Guitarist</b> Songwriter: Autumn/Fall Harvest Songs (Sponsored by the Seawane Club)</p>	<p><b>20</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi** with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge We need Bridge, Canasta &amp; Mahjong Players!</p>
<p><b>Bric A 23 Brac Starts 10-2</b></p> <p>10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:00 Claire <b>Book Club</b> Review <b>Caleb's Crossing</b> by Geraldine Brooks Brown Bag Lunch ☺☺ <b>Intermediate French</b></p>	<p><b>Bric A 24 Brac Sale 10-2</b></p> <p>10:00 Current Events with Carol 11:00 Creative Writing 11:15 Arthritis Exercise Barrie ** 1:00 Lecture:<b>JOE MARGOLIN</b> The New School Year</p>	<p><b>Bric A 25 Brac Sale 10-2</b></p> <p>10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 MahJong 12:30 Social Bridge</p> <p>We need Bridge, Canasta &amp; Mahjong Players!</p>	<p><b>Bric A 26 Brac Sale 10-2</b></p> <p>10:00 Singing Group with Ruth 11:15 Chair Yoga* 1:00 <b>MICHELE WATCHTER</b> Seminar- Understanding the <b>ABCD's of Medicare</b> and beyond! (Snacks will be served)</p>	<p><b>Bric A 27 Brac Sale 10-2</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi**with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge We need Bridge &amp; Canasta players!</p>
<p><b>30</b></p> <p><b>Rosh Hashanah</b> CALE CLOSED Happy New Year!</p>	<p><b>Sunday 9/29/19 at 5:00pm</b> <b>Rosh Hashanah Dinner</b> at the Sherwood Diner \$30pp First 5 CALE mbrs Andrea Golden's treat! - See <b>Flyer Sign-In Sheet</b> Please RSVP by 9/25/19</p>	<p><b>Additional Parking at Hewlett House:</b> 86 East Rockaway Road (one block away) Please Marty's FREE Pick up service Schedule posted <b>Bus Transportation:N31/32</b> on Broadway</p>	<p><b>** Sunday Class**:</b>Art &amp; <b>Painting</b>" with Iris Gorenberg on 9/8/19 from 1-3PM See Flyer (Mbrs Free - \$5 Non-Mbr) RSVP By 9/7/19</p>	<p><b>** Funded by Nassau County Dept. of Aging Town of Hempstead Community Chest South Shore The Bristol NW, NCJW Inwood Charities &amp; The Seawane Club</b></p>