

# October 2019

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557

Lee Gerardi, Executive Director

Website: [www.hw-cale.com](http://www.hw-cale.com) email: [hwcale@aol.com](mailto:hwcale@aol.com)

Coffee or Tea & Brown Bag Lunch

We welcome all to join us at CALE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>** Funded by Nassau County Dept. of Aging Town of Hempstead Community Chest South Shore The Bristol NW, NCJW Inwood Charities &amp; The Seawane Club Allstate Hewlett, Bagel Boss, Trader Joe's Oceanside, Wall's Bake Shop</b></p>	<p><b>1</b></p> <p><b>Rosh Hashanah CALE CLOSED</b></p>	<p><b>Bric A 2 Brac Sale 10-2</b></p> <p>10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta and MahJong 12:30 Social Bridge <b>We need Bridge and Mahjong Players!</b></p>	<p><b>Bric A 3 Brac Sale</b></p> <p>10:00 Singing Group with Ruth 11:15 Chair Yoga** with Connie <b>1:00 General Membership</b></p>	<p><b>Bric A 4 Brac Sale</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi with Joe ** Please join us before they take the program away! 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge</p>
<p><b>Bric A 7 Brac Sale</b></p> <p>10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 1:30 <b>Intermediate French</b></p>	<p><b>8</b></p> <p>10:00 Current Events with Carol 11:00 Creative Writing 11:15 Barrie Miller Exercise ** <b>Yom Kippur Begins at Sundown Center Closes At 12:30</b></p>	<p><b>9</b></p> <p><b>Yom Kippur CALE CLOSED</b></p>	<p><b>Bric A 10 Brac Sale</b></p> <p>10:00 Singing Group with Ruth <b>11:30 Chair Yoga** with Connie</b> 1:00 CALE's very own <b>Star-Light Singers- Concert "Those were the Days My Friend" (Cake and Coffee)</b></p>	<p><b>Bric A 11 Brac Sale</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 <b>Tai Chi</b> with Joe ** Please join us before they take the program away! 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge (we need players)</p>
<p><b>14</b></p> <p><b>Columbus Day CALE Closed</b></p>	<p><b>Bric A 15 Brac Sale</b></p> <p>10:00 Current Events with Carol 11:00 Creative Writing 11:15 Barrie Miller Exercise ** 1:00 <b>TOM RIZZUTO</b>-Guitarist &amp; Lecturer: <b>The Birth of The Blues</b> (Sponsored by Inwood Charities Fund)</p>	<p><b>Bric A 16 Brac Sale</b></p> <p>10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:00 Social Bridge <b>We need Bridge, Canasta &amp; Mahjong Players!</b></p>	<p><b>Bring a 17 Friend Day!</b></p> <p>10:00 Singing Group with Ruth <b>11:30 Chair Yoga** with Connie</b> 1:00: ( <b>NEW</b>) <b>MARJORIE GOTTLIEB WOLFE:</b> Enjoy Entertainer Comedian -<b>"Dial 'm' for Mishegoss"</b> Sponsored by NCJW - Cake by Walls Bake Shop</p>	<p><b>Bric A 18 Brac Sale</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Chi** with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge <b>We need Bridge, Canasta &amp; Mahjong Players!</b></p>
<p><b>Bric A 21 Brac Sale</b></p> <p>10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:30 (New) <b>Prof. ROB ALVEY</b> Presents <b>Mark Twain</b> Like no other. Come and experience Something New and wonderful. 1:30 <b>Intermediate French</b></p>	<p><b>Bric A 22 Brac Sale</b></p> <p>10:00 Current Events with Carol joined by Supervisor Laura Gillen 11:00 Creative Writing 11:15 Barrie Miller Exercise ** 1:00 (NEW) <b>MEREDITH ZELMAN NARISSI M.S. BCCP</b> - The Origin of Belly Dancing Lecture &amp; Music &amp; dancing of course! (See Flyer)</p>	<p><b>Bric A 23 Brac Sale</b></p> <p>10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:30 Social Bridge <b>We need Bridge, Canasta, &amp; Mahjong Players!</b></p>	<p><b>Bric A 24 Brac Sale</b></p> <p>10:00 Singing Group with Ruth <b>11:30 Chair Yoga** with Connie</b> 1:00 <b>JOHN CLANCY</b> Concert - 30's &amp; 40's Song Book- Let's Reminisce (Snacks by Trader Joes Oceanside) Sponsored by Rita Paley</p>	<p><b>Bric A 25 Brac Sale</b></p> <p>9:30 Stanley Painting &amp; Drawing 10:30 Tai Ch with Joe** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge <b>We need Bridge, Canasta &amp; Mahjong Players!</b></p>
<p><b>Bric A 28 Brac Sale</b></p> <p>10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:00 <b>Book Club Review</b> <b>with Claire "The No. 1 Ladies Detective Agency"</b> by Alexander McCall Smith 1:30 <b>Intermediate French</b></p>	<p><b>Bric A 29 Brac Sale</b></p> <p>10:00 Current Events with Carol 11:00 Creative Writing 11:15 Barrie Miller Exercise ** 1:00 <b>LOUISE CARUSO</b> - Art Lecture: Revisiting Rembrandt 350 yrs later. (Sponsored by Inwood Charities Fund)</p>	<p><b>Bric A 30 Brac Sale</b></p> <p>10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:30 Social Bridge <b>We need Bridge, Canasta &amp; Mahjong Players!</b></p>	<p><b>Bric A 31 Brac Sale</b></p> <p>10:00 Singing Group <b>11:30 Chair Yoga** with Connie</b> 12:30 Dime Savings Bank: "In Your Community" and Giveaways 1:00 <b>LIZ ROPERS- Lecture</b> Female Spies of World War 1</p>	<p><b>Additional Parking at Hewlett House:</b> <b>86 East Rockaway Road (one block away)</b> <b>FREE Pick up service</b> <b>Please Marty's schedule</b> <b>Bus Transportation: N31/32 on Broadway</b></p>