

# October 2017

## CENTER FOR ADULT LIFE ENRICHMENT

516.374.4747 [www.hw-cale.com](http://www.hw-cale.com)

Georgiana Wolfson, M.S. Executive Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>10:00 Flexercise 11:00 Social &amp; Major Topics 12:00 Canasta &amp; Mah Jong 12:30 Intermmediate Bridge 2:00 Intermediate French</p>	<p><b>3</b></p> <p>10:00 Current Events w/ Carol Sponsored by Richard Braverman 11:00 Creative Writing 11:15 B. Miller Arthritis** 1:30 <b>The Three "B"'s at The Bristol Hungry Harbor</b></p>	<p><b>4</b></p> <p>10:00 Exercise** 11:00 Knitting 12:00 Canasta/Mah Jong 12:30 Social Bridge 1:00 Beginner's Mah Jong 1:00 Conversational French</p>	<p><b>5</b></p> <p>10:00 Singing Group 11:45 Chair Yoga ** <b>12:30 Caring People Luncheon</b> <b>Julie Ward/ABDO Medicare and You</b> <b>1:00 General Membership Meeting</b></p>	<p><b>6</b></p> <p>9:30 Painting &amp; Drawing 10:30 Tai Chi** 11:30 Hebrew 12:00 Canasta/Mah Jong 12:30 Word Games 12:30 Duplicate Bridge</p>
<p><b>9</b></p> <p><b>Center Closed</b> <b>Columbus Day</b></p>	<p><b>10</b></p> <p>10:00 Current Events w/ Carol Sponsored by Participants 11:00 Creative Writing 11:15 B. Miller Arthritis** 1:00 <b>Joseph Margolin Betsy Devos and the New Direction of American Education</b></p>	<p><b>11</b></p> <p>10:00 Exercise** 11:00 Knitting 12:00 Canasta/Mah Jong 12:30 Social Bridge 1:00 Beginner's Mah Jong 1:00 Conversational French</p>	<p><b>12</b></p> <p>10:00 Singing Group 11:45 Chair Yoga** 1:00 Wendy Garfield, Soprano Opera Series Cake and Coffee</p>	<p><b>13</b></p> <p>9:30 Painting &amp; Drawing 10:30 Tai Chi** 11:30 Hebrew 12:00 Canasta/Mah Jong 12:30 Word Games 12:30 Duplicate Bridge</p>
<p><b>16</b></p> <p>10:00 Flexercise 11:00 Social &amp; Major Topics 12:00 Canasta /Mah Jong 12:30 Intermediate Bridge <b>1:00 Vivian Wein Reasons for the Sukkah in modern times</b> 2:00 Intermediate French</p>	<p><b>17</b></p> <p>10:00 Current Events w/Carol 11:00 Creative Writing 11:15 B. Miller Arthritis** <b>1:00 Keith J. Crocker Cinematic Seminars</b> <b>Lucille Ball</b> <b>Sponsored by Victor &amp; Janet Molinsky</b></p>	<p><b>18</b></p> <p>10:00 Exercise** 11:00 Knitting 12:00 Canasta/Mah Jong 12:30 Social Bridge 1:00 Beginner's Mah Jong 1:00 Conversational French</p>	<p><b>19</b></p> <p>10:00 Singing Group <b>11:00 Meet at Roslyn Museum</b> <b>Docent tour of New York, NY Lunch at Jolly Fisherman</b> 11:45 Chair Yoga** <b>Center Closes at 12:45</b></p>	<p><b>20</b></p> <p>9:30 Painting &amp; Drawing 10:30 Tai Chi** 11:30 Hebrew 12:00 Canasta/ Mah Jong 12:30 Word Games 12:30 Duplicate Bridge</p>
<p><b>23</b></p> <p>10:00 Flexercise 11:00 Social &amp; Major Topics 12:00 Canasta /Mah Jong 12:30 Intermediate Bridge 2:00 Intermediate French</p>	<p><b>24</b></p> <p>10:00 Current Events 11:00 Creative Writing 11:15 B. Miller Arthritis** <b>1:00 John Kenrick Erll Flynn, sponsored by Bella Cohen</b></p>	<p><b>25</b></p> <p>10:00 Exercise** 11:00 Knitting 12:00 Canasta/Mah Jong 12:30 Social Bridge 1:00 Beginners Mah Jong 1:00 Conversational French</p>	<p><b>26</b></p> <p>10:00 Singing Group 11:45 Chair Yoga ** <b>1:00 Entertainment sponsored by NCJW Squeaky Clean Rock n' Roll for all ages</b></p>	<p><b>27</b></p> <p>9:30 Painting &amp; Drawing 10:30 Tai Chi** 11:30 Hebrew 12:00 Canasta/ Mah Jong 12:30 Word Games 12:20 Duplicate Bridge</p>
<p><b>30</b></p> <p>9:30 Flexercise 11:00 Social &amp; Major Topics 12:00 Canasta &amp; Mah Jong 12:30 Intermediate Bridge 2:00 Intermediate French</p>	<p><b>31</b></p> <p>10:00 Current Events w/ Carol 11:00 Creative Writing 11:15-12:15 B. Miller Arthritis** 1:00 <b>Liz Ropers Harry Houdini and Sir Arthur Dole, A Haunted Friendship</b></p>		<p><b>**Funded by Nassau County Dept. of Aging</b></p>	<p><b>Duplicate Bridge Members \$5.00 Non-members \$8.00</b></p>