

November 2015

CENTER FOR ADULT LIFE ENRICHMENT

516.374.4747 • Website WWW.HW-CALE.com

Georgiana Wolfson, M.S. Executive Director

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
10:00 Flexercise 11:00 Social & Major Topics 12:00 Canasta/Mah Jong 12:30 Intermediate Bridge 1:00 Intermediate French	10:00 Current Events w/Carol 11:00 Creative Writing/Marvin 1:00 James Kolb- LaJuive Sponsored by Members Birthdays	11:00 Yogalaties 12:00 Canasta/MahJong 12:00 Beginners Mah/Jong 12:30 Social Bridge 1:00 Conversational Fr	10:00 Singing Group 11:30 Chair Yoga ** 12:30 Caring People Luncheon 1:00 Relaxation EXERCISES 2:00 General Membership Meet	9:30 Painting & Drawing 10:30 Tai Chi** 12:00 Canasta/ Mah Jong 12:00 Hebrew 12:30 Word Games 12:30 Duplicate Bridge
9 10:00 Flexercise 11:00 Social & Major Topics 12:00 Canasta/Mah Jong 12:30 Intermediate Bridge w/ Sam 1:00 Intermediate French	10 10:00 Current Events w/ Carol 11:00 Creative Writing w/ Marvin 1:00 Writing Journal w Michelle 1:00-3:00- NCJW –Lecture Series Bristol non-members \$13.00 A Bride for A Night	11 VETERANS DAY Center Closed	12 10:00 Singing Group 11:30 Chair Yoga** 1:00 NEUE Galarie-Mary Vahey-Art Lecture Glitters Doom of the Weimar Period	13 9:30 Painting & Drawing 10:30 Tai Chi** 12:00 Canasta/ Mah Jong 12:00 Hebrew 12:30 Word Games 12:30 Duplicate Bridge
16 10:00 Flexercise 11:00 Social & Major Topics 12:00 Canasta/Mah Jong 12:30 Intermediate Bridge w/ Sam 1:00 Intermediate French	17 10:00 Current Events w/ Carol 10:45 Dr. Marino Meet & Greet Community Forum School Supt. 11:00 Creative Writing 1:00 John Kenrick Sponsored by Advisory Council Card Party Fundraiser	18 10:00 Board Meeting 11:00 Yogalaties 12:00 Canasta/Mah Jong 12:30 Social Bridge 1:00 Begin Mah Jong 1:00 Con. French 12:45 Depart Grant Park Elmont Theater & Dinner	19 10:00 Singing Group 11:30 Chair Yoga** 1:00 Entertainment – Sponsored by NCJW Tenor –	20 9:30 Painting & Drawing 10:30 Tai Chi** 12:00 Canasta/ Mah Jong 12:00 Hebrew 12:30 Word Games 12:30 Duplicate Bridge
23 10:00 Flexercise 11:00 Social & Major Topics 12:00 Canasta/Mah Jong 12:30 Intermediate Bridge w/ Sam 2:00 Intermediate French	24 10:00 CHINA- Irene & Seymour Levy –all invited 11:00 Creative Writing 12:30 Balance w Yvette	25 11:00 Yogalaties 12:00 Canasta/ Mah Jong 12:00 Bk Review w Liz Everything I Never Told You by Celeste Ng 12:30 Social Bridge 1:00 Con French	26 Thanksgiving –Center Closed	27 Center Closed
30 10:00 Flexercise 11:00 Social & Major Topics 12:00 Canasta/Mah Jong 12:30 Intermediate Bridge w/ Sam 2:00 Intermediate French	**Funded by Nassau County Dept. of Aging	Duplicate Bridge \$5.00 members Non- members \$8.00		