

May 2019

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557

Lee Gerardi, Executive Director

Website: www.hw-cale.com email: hwcale@aol.com

We welcome all at CALE!

Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>** Funded by Nassau County Dept. of Aging The Bristol NW Community Chest Inwood Charities Fund NCJW Seawane Golf & Country Club Town Of Hempstead Bagel Boss & Walls Bakery</p>	<p>Additional Parking at Hewlett House: 86 East Rockaway Road (one block away) See FREE Pick up service Please Marty's schedule</p> <p>Bus Transportation: N31/32 on Broadway</p>	<p>1 10:00 Exercise class with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health - Stepping On Class 5 (Let's continue to get healthy!)</p>	<p>2 10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 ADVISORY COUNCIL IMPORTANT GALA MEETING (Coffee & Bagels sponsored In memory of Lester Ganzfried)</p>	<p>3 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>6 10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30 Intermediate French</p>	<p>7 10:00 Current Events with Carol Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:00 DR. MARINO Budget ROUND TABLE 11:30 Arthritis Exercise** with Barrie CALE Closes at 12:30 12:30 At The Bristol NW - NCJW Lecture: Rabbi Art Vernon "The 1919 Treaty of Versaille": Winners & Losers \$10 NCJW mbs, \$15 non-mbrs</p>	<p>8 10:00 Exercise class with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health - Stepping On Class 6</p>	<p>9 10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 Concert: MARK EISMAN duet - Great Crooners through the years. (Sponsored by the Seawane Club)</p>	<p>10 9:30 Painting & Drawing 10:30 Tai Chi with Joe ** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p> <p><i>Happy Mother's Day Weekend!</i></p>
<p>13 10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30 Intermediate French</p>	<p>14 10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 10am-12pm Carol** Health Assessment 11:15 Arthritis Exercise with **Barrie 1:00 LIZ ROPERS Lecture "Munich and the Mossad"</p>	<p>15 CENTER CLOSED 11:30 CALE Gala at Seawane Country Club - John Kendrick Lecture: Gene Kelly: "Gotta Dance! Gotta Dance! Gotta Dance! Please return invitation response Card by 4/29/19</p>	<p>16 10:00 Singing Group 11:15** Chair Yoga**with Connie 1:00: GEORGE FRIEDMAN Opera and Broadway and Rat Pack</p>	<p>17 9:30 Painting & Drawing 10:30 Cancelled Tai Chi with Joe**See next week 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>20 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club "Bel Canto" by Ann Patchett Group Review with Claire (Brown bag lunch) 1:30 Intermediate French</p>	<p>21 10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 1:00 JOHN CLANCY Concert - 30's & 40's Song Book- Let's Reminisce (Sponsored by Rita Paley)</p>	<p>22 10:00 Exercise class with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health - Stepping On Class 7 (final class)</p>	<p>23 10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 SQUEAKY CLEAN BAND: (Sponsored by Inwood Charities Fund)</p>	<p>24 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>27 CALE CLOSED MEMORIAL DAY REMEMBRANCE</p>	<p>28 10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 12:00 Brown Bag Lunch 1:00 JOSEPH MARGOLIN: "NASA and the Voyage To Mars"</p>	<p>29 10:00 Exercise class with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French</p>	<p>30 10:00 Singing Group 11:15 Chair Yoga** 1:00 SAUL SILAS FATHI - Lecture Free Masons and U.S. Presidents (Coffee & Cake Welcome Back Saul)</p>	<p>31 9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>