

FEBRUARY 2020 (REVISED)

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557 Lee Gerardi, New Executive Director
 Website: www.hw-cale.com email: hwcale@aol.com We welcome all at CALE! Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30☞☞ Intermediate French	10:00 Current Events with Carol Feb:Sponsored by Claire In Memory of Lester. 11:00 Creative Writing Class 11:15 **Arthritis Exercise** with Barrie 1:00 Let's talk about Diet & Disease Connections Q&A (Sponsored by Catholic Home Care & Good Shepherd Hospice)	10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:30 Social Bridge We need Players!	10:00 Singing Group with Ruth 11:30 Chair Yoga** with Connie 12:00 General Membership Meeting (Bagels & Coffee (Sponsored by Member Birthdays)	9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge
10	11	12	13	14
10:00 Flexercise with Claire 11:00 Social & Major Topics 12:40 (New) SUSAN CAPURSO LI Legacy Doula/ Author: Story of My Life (Sponsored Lynbrook Restorative-Denise Walsh) 1:30☞☞ Intermediate French	10:00 Current Events with Carol 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 1:00 LIZ ROPERS - The History of the Jewish Deli-The Jewish Deli is a New York City tradition that has spread far beyond the city limits.	10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:30 Social Bridge Come join us -We need Bridge, Canasta & MahJong Players!	10:00 Singing Group with Ruth 11:15** Chair Yoga** with Connie 12:30 CALE Stardust Singers Ruth Schuster-Pianist & Chorus Valentines day Celebration with Friends! (Chocolates & Cake) (Sponsored by Member Birthdays)	9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge We need Players!
17	18	19	20	21
Center Closed President's Day ☺ Good Parking this week High School Closed for Winter Break!	10:00 Current Events with Carol Sponsored by Claire Ganzfried 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 1:00 LOUISE CELLA CARUSO -Lecture: The Art & Architecture of the Lincoln Memorial (Coffee & Cake) (in Memory of Janet Molinsky)	10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MahJong 12:30 Social Bridge Come join us -We need Bridge, Canasta & MahJong Players!	10:00 Singing Group with Ruth 11:15 Chair Yoga**with Connie 12:45 ED RYAN Singer, Guitarist, Comedian - Songs from the 50's & 60's for you to sing and/or dance along to (Sponsored by Inwood Charities)	9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge We need Bridge, Canasta & MaJong Players!
24	25	26	27	28
10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club Review : The Storyteller by Jodi Picoult- review with Claire & Brown Bag Lunch 1:30☞☞ Intermediate French	10:00 Current Events with Carol 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 12:00 Brown Bag Lunch 1:00 MARC GREENBERG - Lecture Eugenics (Sponsored by Marilyn Cranin)	10:00 Exercise 11:00 Crossword Puzzles with Claire 12:00 Canasta/MaJong 12:30 Social Bridge	10:00 Singing Group with Ruth 11:15 Chair Yoga**with Connie 1:00 TOM RIZZUTO - Guitarist & Lecturer -The Dean Martin story! (Sponsored by Stanley M. & Marjorie S. Verby Tribute Fund)	9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta/MahJong 12:30 Word Games 12:30 Social Bridge
** Special NEW Sunday Class "Art & Painting" with Iris Gorenberg on 2/16/20 from 1-3PM (Mbrs Free - \$5 Non-Mbr) RSVP with Iris (Please see flyer)	Please see Marty's schedule Additional Parking at Hewlett House 86 East Rockaway Road (one block away-across the Street) Free-Pick up/Drop off service available at Hewlett House Lot Bus Transportation:N31/32 on Broadway	** Funded by Nassau County Dept. of Aging Town of Hempstead The Bristol NW, Dime Community Bank NCJW Peninsula Inwood Charities Fund & The Seawane Club	Our sponsors & contributors The Bristol NW, NCJW Peninsula Community Chest So. Shore DIME Community Bank HW School, Inwood Charities Seawane Golf Club All State, Bagel Boss, Trader Joes Walls Bake Shop	2020 DUES - Thank YOU!