


December 2018

Center for Adult Life Enrichment 516.374-4747 The Cottage House-37 East Rockaway Road, Hewlett, NY 11557 Lee Gerardi, Executive Director
 Website:www.hw-cale.com email: hwcale@aol.com We welcome all at CALE! Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 TBA ** 1:30 Intermediate French</p>	<p>4</p> <p>10:00 Current Events with Claire 11:00 Creative Writing 11:15 Arthritis Exercise **Barrie CALE Closes at 12:30 1:30: NCJW Lecture @ The Bristol RSVP Joseph Margolin: Increasing the Rights, Responsibilities and Powers of Grandparents \$10 members/\$15 non- members</p>	<p>5</p> <p>10:00 Exercise 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French 1:30-3:30 Lori - Northwell Reunion: Stepping and Fall Prevention- Group follow-up with prior Attendees</p>	<p>6</p> <p>10:00 Singing Group 11:30 Chair Yoga**with Connie CALE Closes at Noon 12:00 CALE HOLIDAY PARTY at Alias Smith & Jones at 2863 Woods Ave. Oceanside, NY Enjoy Entertainer - Kenny Hendrickson - sponsored by NCJW RSVP Required.\$35 mbrs/\$40 non-members (<i>Save the Date</i>)</p>	<p>7</p> <p>9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>10</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brian Calame - COLLETTE Tours: Speaker Re-Guided travel- upcoming Group Trips for CALE! (Coffee & Dessert to be served) 1:30 Intermediate French</p>	<p>11</p> <p>10:00 Current Events with Claire 10am-12pm Health Assessment with Carol 11:00 Creative Writing 11:15 Arthritis Exercise ** Barrie 1:00: John Kenrick: Jewish Women in Film Sponsored by Mary Harrow</p>	<p>12</p> <p>10:00 Exercise 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French 1:00 True Beginners Art with Bert Kalisher #4</p>	<p>13</p> <p>10:00 Installation of Officers @ The Atria 10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 CONCERT: ** New Entertainer: Stuart Markus Singer-Songwriter-Guitarist Popular Songs 40s through 90s Sponsored by Inwood Charities</p>	<p>14</p> <p>9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>17</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club "The Guernsey Literary and Potato Society" Review with Clair & Brown Bag Lunch 1:30 Intermediate French</p>	<p>18</p> <p>10:00 Current Events with Claire 11:00 Creative Writing 11:15 Arthritis Exercise ** Barrie 1:00: Joseph Margolin Lecture: Should Christmas Be A Federal Holiday?</p>	<p>19</p> <p>10:00 Exercise 12:00 Canasta/Mahjong 12:00 Social Bridge 1:00 Conversational French 2:00 Holiday Dessert & Coffee Celebration @ CALE Please RSVP 2:30 Hewlett High School Chorale Sponsored by Trader Joe's donation</p>	<p>20</p> <p>10:00 Singing Group 11:30 Chair Yoga**with Connie 1:00 NEW Tom Rizzuto, Music Professor at Molloy College: "The Guitar in America". Includes live guitar musical. Sponsored by Mbrs birthdays.</p>	<p>21</p> <p>9:30 Painting & Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>24</p> <p>Happy Holidays!</p> <p>CALE CLOSED</p>	<p>25</p> <p>Christmas</p> <p>CALE CLOSED</p>	<p>26</p> <p>CALE CLOSED</p>	<p>27</p> <p>CALE CLOSED</p>	<p>28</p> <p>CALE CLOSED</p>
<p>31</p> <p>CALE CLOSED</p>		<p>** Special New Sunday Class 12/16/18 "Art & Painting" with Iris Gorenberg 1-3PM (Mbrs Free/ Non-Mbr \$5.00) Please RSVP</p>	<p>Additional Parking at Hewlett House: 86 East Rockaway Road Marty-Pick up service until 10AM Bus Transportation:N31/32 on Broadway</p>	<p>**Funded by Nassau County Dept. of Aging**</p>