

MARCH 2020


Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557

Lee Gerardi, Executive Director

Website: www.hw-cale.com email: hwcale@aol.com

We welcome all at CALE!

Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 12:45 (New) Home Care Talk** with At Home Senior Care Experts Q&A (Refreshments) 1:30 ☺ Intermediate French</p>	<p>3</p> <p>10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing 11:15 Barrie Miller Exercise ** 1:00 (New) MARK JOVIC - Author "Phones Down Please" Book reading and review (Also books for sale)</p>	<p>4</p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge</p>	<p>5</p> <p>10:00 Singing Group with Ruth 11:15** Chair Yoga** with Connie 1:00 Advisory Council Meeting Bagels & Coffee (sponsored in memory of Lester Ganzfried)</p>	<p>6</p> <p>9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>Purim 9 Begins</p> <p>10:00 Flexercise with Claire & Francis & Rita 11:00 Social & Major Topics 1:30 ☺ Intermediate French</p>	<p>10</p> <p>10:00 Current Events with CLAIRE 11:00 Creative Writing (Need more Writers) 11:15 Barrie Miller Exercise ** 1:00 LIZ ROPERS - Lecture Bella Abzug</p>	<p>11</p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Brown Bag Lunch 12:00 Canasta/Mahjong 12:30 Social Bridge</p>	<p>12</p> <p>10:00 Singing Group with Ruth 11:30 Chair Yoga** with Connie 1:00 CARLSON & GRANT DUET Bring in the Big Band Era- 1940's and 1950's songs to enjoy.</p>	<p>13</p> <p>9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe ** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>16</p> <p>10:00 BOARD COMMITTEE MEETING Important: May GALA prep. 10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 1:30 ☺ Intermediate French</p>	<p>17</p> <p>10:00 Current Events with CLAIRE 11:00 Creative Writing (Need more Writers) 11:15 Barrie Miller Exercise** 1:00 (New) HARRY FRIEDMAN-Comedian Stand Up Comedy - Let's laugh together! (Bagel Party-by Bric A Brac Sale)</p>	<p>18</p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:00 Social Bridge</p>	<p>Invite A 19 Friend</p> <p>10:00 Singing Group with Ruth 11:15** Chair Yoga** with Connie 1:00 RINALDO TOGLIA - Tenor Opera and Classical. (Sponsored by NCJW) (Coffee/Tea and Cookies)</p>	<p>HAPPY 20 SPRING</p>  <p>9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>23</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Brown Bag Lunch 1:30 ☺ Intermediate French</p>	<p>24</p> <p>10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 1:00 JOSEPH MARGOLIN - The Brooklyn Dodgers---Much more than a Baseball Team!</p>	<p>25</p> <p>10:00 Exercise Class with Claire 11:00 Crossword Puzzles with Claire 12:00 Canasta/Mahjong 12:30 Social Bridge (We need Bridge/ Mahjong/Canasta Players!)</p>	<p>26</p> <p>10:00 Singing Group with Ruth 11:15 Chair Yoga** 1:00 MARK EISEMANN- Concert The songs that make us Smile (Sponsored by Rita Palley)</p>	<p>27</p> <p>9:30 Painting & Drawing with Stanley 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p>30</p> <p>10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club "Freedom" by Jonathan Franzen Group review with Claire & Brown Bag Lunch 1:30 ☺ Intermediate French</p>	<p>31</p> <p>10:00 Current Events with CAROL Sponsor: Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:15 Arthritis Exercise with **Barrie 12:00 Brown Bag Lunch 1:00 RON BROWN: Lecture "Harlem: Many Cities in One" (Sponsored by Inwood Charities Fund)</p>	<p>Please Marty's schedule FREE Pick up-Drop Off service Or Additional Parking at Hewlett House Lot at 86 East Rockaway Road (one block away) Or Bus Transportation: N31/32 on Broadway</p>	<p>Our sponsors & contributors</p> <p>Bristol NW Community Chest So. Shore DIME Community Bank HW School, Inwood Charities Fund NCJW Peninsula Seawane Golf & Country Club Bagel Boss, Trader Joes & Walls Bakery</p>	<p>** Funded by Nassau County Dept. of Aging Town of Hempstead</p>