

APRIL 2019

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557 Lee Gerardi, Executive Director
 Website: www.hw-cale.com email: hwcale@aol.com We welcome all at CALE! Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00: Brown Bag Lunch 1:00 GIDEON BARI, Esq - Elder Care Attorney: "Medicaid & Assets Protection" Q&A Coffee/Tea & Cake served. 1:30 Intermediate French	10:00 Current Events with Carol Sponsor Claire Ganzfried in memory of Lester 11:00 Creative Writing Class 11:15 Barrie Miller Exercise ** CALE Closes at 12:30 12:30 NCJW Lecture - Thomas Egan "Lincoln, The Constitution &You" at The Bristal \$10 NCJW members,/\$15 non-members	10:00 Exercise Class with Claire 12:00 Canasta and MahJong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health - Stepping On Class 1 (Returns) Health is in the Air-Please Join us & RSVP by 3/21/19 Sign-Up sheet with Lee (Limited to 18 Persons)	10:00 Singing Group 11:15 Chair Yoga** with Connie 1:00 General Membership Meeting (Gala review & help please) Cake & Coffee/tea	9:30 Painting & Drawing 10:30 Tai Chi**with Joe 12:00 Canasta 12:30 Word Games 12:30 Bridge
8	9	10	11	12
10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30 Intermediate French	10:00 Current Events with Carol Sponsor: Claire Ganzfried in memory of Lester 10am-12pm Health Assessment with Carol 11:00 Creative Writing Class 11:15 Barrie Miller Exercise ** 1:00 THOMAS RIZZUTO- Guitarist Revisiting the legendary Beatles band (Sponsored by Seawane Golf & Country Club)	10:00 Exercise Class with Claire 12:00 Canasta/MahJong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health - Stepping On Class 2	10:00 Singing Group 11:20 Chair Yoga** with Connie 12:30 Dime Savings Bank: "In Your Community" and Giveaways 1:00 Louise Caruso: Art Lecture Frida Kahlo: Her Life and Her Art 1907-1954 her fascinating art! Sponsored by Gloria Boris	9:30 Painting & Drawing 10:30 Tai Chi**with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge 1:00 Michele Wachter -New Fun Program-Reminisce with Michelle Coffee/Tea - Snacks Served
15	16	17	18	19
10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30 Intermediate French	10:00 Current Events with Carol Sponsored by Rita Paley 11:00 Creative Writing class 11:15 Barrie Miller Exercise ** 1:00 Liz Ropers Lecture: "Fanny Brice"	10:00 BOARD MEETING 10:00 Exercise Class with Claire 12:00 Canasta/MahJong/Bridge 1:00 Conversational French 1:30 NorthWell Health -Stepping On Class 3	10:00 Singing Group 11:30 Chair Yoga**with Connie 12:15 New Member WELCOME Coffee & Bagels (sponsored by Member Birthday Fund & Bagel Boss) 1:00: Marc Greenberg: Watergate Lecture(Good Parking-Invite a friend)	Passover 19 at Sundown 9:30 Painting & Drawing 10:30 Tai Chi**with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge CENTER CLOSSES AT 2:30
Earth 22 Day	23	24	25	26
10:00 Flexercise with Claire 11:00 Social & Major Topics 1:30 Intermediate French ☺ Good Parking this week High School Closed for Spring Break!!	10:00 Current Events with Claire 11:00 Creative Writing Class 11:15 Barrie Miller Exercise ** 1:00 John Kendrick "Downtown, Brideshead and Company: Stately Homes on Stage and Screen" PBS (Invite a Friend!)	10:00 Exercise Class with Claire 12:00 Canasta/MahJong 12:30 Social Bridge 1:00 Conversational French 1:30 NorthWell Health Stepping On Class 4	10:00 Singing Group 11:30 Chair Yoga** with Connie 1:00 New Program LAUGHING YOGA- Connie McKnight & Lee Come laugh with us (Sponsored by Abby Fox)	9:30 Painting & Drawing 10:30 Tai Chi** with Joe 12:00 Canasta/MahJong 12:30 Word Games 12:30 Bridge
29	30	** Funded by Nassau County Dept. of Aging	Class "Art & Painting" with Iris Gorenberg on Sunday 4/7/19, 1-3PM RSVP by 4/1/19 (Mbrs Free - \$5 Non-Mbr) See Flyer! Andrea Golden Passover Group Dinner at Sherwood Diner 4/19/19 \$30.00 @5PM Please RSVP	Additional Parking at Hewlett House: (one block away) 86 East Rockaway Road ALSO Please See FREE PickUp Marty's Service Schedule Bus Transportation:N31/32 on Broadway
10:00 Flexercise with Claire 11:00 Social & Major Topics 12:00 Book Club: "The Other Einstein" Group Review With Claire & Brown Bag Lunch 1:30 Intermediate French	10:00 Current Events with Claire 11:00 Creative Writing Class 11:15 Barrie Miller Exercise ** 12:00 Brown Bag Lunch 1:00 Joe Margolin: " Public School Financine ": Should district budgets reflect the Increasing presence?	Our sponsors & Contributors Bristal NW Community Chest So. Shore Inwood Charities Fund NCJW Town Of Hempstead Seawane Golf & Country Club		