

# FEBRUARY 2019


(REVISED)

Center for Adult Life Enrichment 516.374.4747 The Carriage House-37 East Rockaway Road, Hewlett, NY 11557 Lee Gerardi, New Executive Director

Website: [www.hw-cale.com](http://www.hw-cale.com) email: [hwcale@aol.com](mailto:hwcale@aol.com)

We welcome all at CALE!

Come join us for coffee or tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>** Special NEW Sunday Class "Art &amp; Painting"</b> with Iris Gorenberg on 2/17/19 from 1-3PM See Poster (Mbrs Free - \$5 Non-Mbr) <b>Word Games/Chess/Scrabble. RSVP by 2/12/19</b></p>	<p><b>Additional Parking at Hewlett House:</b> 86 East Rockaway Road (one block away) Free-Pick up service available, Please see Marty's schedule</p> <p><b>Bus Transportation: N31/32 on Broadway.</b></p>	<p><b>** Funded by Nassau County Dept. of Aging</b></p>	<p><b>Our sponsors &amp; contributors</b> NCJW Community Chest So. Shore Town Of Hempstead Seawane Golf &amp; Country Club Walls Bakery</p>	<p><b>1</b> 9:30 Painting &amp; Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p><b>4</b> 10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:00-1:00 <b>Great Cinema Movie: "Christmas in July"</b> (Cookies - Coffee &amp; Tea) 1:30 Intermediate French</p>	<p><b>5</b> 10:00 Current Events with Carol 11:00 Creative Writing 11:15 <b>**Arthritis Exercise**</b> with Barrie 1:00 <b>Mark Eisemann duo</b> Classical, Jazz, Oldies and Progressive Rock (Sponsored by the Bristol) with Coffee &amp; cookies served)</p>	<p><b>6</b> 10:00 <b>**Exercise class</b> 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French</p>	<p><b>7</b> 10:00 Singing Group <b>11:30 Chair Yoga**</b> with Connie 12:45 <b>General Membership Meeting Brown Bag Lunch</b></p>	<p><b>8</b> 9:30 Painting &amp; Drawing 10:30 Tai Chi with Joe ** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p><b>11</b> 10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:30 <b>COLLETTE Tours:</b> Speaker- Brian Calame Re-Guided travel- Let's plan a CALE Group 2019 Trip! 1:30 Intermediate French</p>	<p><b>12</b> 10:00 Current Events with Carol Sponsors: Claire Ganzfried 11:00 Creative Writing <b>10am-12pm Health Assessment with Carol</b> 11:15 Arthritis Exercise with <b>**Barrie</b> 12:15 Robyn Littman, Cornell Cooperative Extension: <b>Heart Healthy Eating</b> 1:00 <b>John Kenrick: HAMILTON: The Man, The Musical, The Cultural Phenomenon (In memory of Lester Ganzfried)</b></p>	<p><b>13</b> 10:00 Exercise class 12:00 Canasta/Mahjong 12:00 Social Bridge 1:00 Conversational French</p>	<p><b>14</b> <b>Valentines day&lt;3</b> 10:00 Singing Group <b>11:15** Chair Yoga**</b> with Connie 12:30 <b>CALE Stardust Singers Ruth Schuster-Pianist &amp; Chorus</b> Join us for Bagels Coffee/Tea Chocolates &amp; Love - Come join us (Sponsored by DIME GIVE BACK Fundraiser)</p>	<p><b>15</b> 9:30 Painting &amp; Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p><b>18</b> <b>Center Closed President's Day</b></p> <p>☺ <b>Good Parking this week High School Closed for Winter Break!</b></p>	<p><b>19</b> 10:00 Current Events <b>with Carol</b> Sponsored by Claire Ganzfried 11:00 Creative Writing 11:15 Arthritis Exercise with <b>**Barrie</b> 1:00 <b>Liz Ropers Steven Spielberg - Is an American Filmmaker- Past successes and latest projects.</b></p>	<p><b>20</b> 10:00 Exercise 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French</p>	<p><b>21</b> 10:00 Singing Group 11:15 Chair Yoga** 12:45 <b>BUNNY Gelfand NCJW - Sing Along - Entertainment sponsored by NCJW</b> And (Coffee &amp; Cake) Sponsored in Memory of Lester Ganzfried)</p>	<p><b>22</b> 9:30 Painting &amp; Drawing 10:30 Tai Chi with Joe** 12:00 Canasta 12:30 Word Games 12:30 Bridge</p>
<p><b>25</b> 10:00 Flexercise with Claire 11:00 Social &amp; Major Topics 12:00 <b>Book Club "The Boston Girl"</b> Group review with Claire &amp; Brown Bag Lunch 1:30 Intermediate French</p>	<p><b>26</b> 10:00 Current Events with CLAIRES 11:00 Creative Writing 11:15 Arthritis Exercise with <b>**Barrie</b> 12:00 Brown Bag Lunch 1:00 <b>Joseph Margolin: "President's Day"</b> A look at Pierce, Fillmore, Taylor, Buchanan &amp; Arthur</p>	<p><b>27</b> 10:00 Exercise 12:00 Canasta/Mahjong 12:30 Social Bridge 1:00 Conversational French</p>	<p><b>28</b> 10:00 Singing Group 11:15 Chair Yoga** 1:00 <b>Peter Lueken-Carlton &amp; Grant DUET - Great American Songbook (Sponsored by Stanley M. &amp; Marjorie S. Verby Tribute Fund)</b></p>	<p>See you in MARCH HAPPY SPRING!</p>  <p>New Year 2019 Dues-Thank YOU!</p>