

ANCIENT ORIGINS AND SECRETS MEANINGS OF BELLY DANCING

by "Kismet" ...Meredith Zelman Narissi, MS, BCPP



TUESDAY, OCTOBER 22, 2019 1-2 PM 516-374-4747

AT CALE: 37 EAST ROCKAWAY ROAD, HEWLETT

Maybe it was Eve's First Dance! The origins of belly dance involve secret ancient-rites, practices, and celebrations. This natural feminine flowering, not always encouraged in our world, is a strong force.

It becomes a journey into the psyche connecting all things. Come to learn secrets of the dance.

See a Performance, and maybe to try some dancing!! All are welcomed.



Meredith Zelman Narissi, MS, BCPP is a Board-Certified Polarity Therapist, Author, Presenter, Meditation/Yoga teacher, and Dancer.

She is the author of:

7 Veils: Mystical Secrets of a Feminine Path to Enlightenment.